



KUP

You're invited to experience the "KNOW US PROJECT®"

The KNOW US PROJECT® (or KUP) is a program designed for LGBT people, their friends and straight allies, and those who want to become active in this important social justice issue. Its primary focus is to teach effective ways to express stories of LGBT stigma and discrimination to others without becoming adversarial. These personal stories can empower you to change public opinion and public policy by building support for equality at the grassroots level.

WHAT? KNOW US PROJECT® (KUP) training

WHEN? Thursday, February 23, 2012 from 3:00-6:00 p.m.

WHERE? The Center in Detroit, 41 Burroughs Street, Suite 109, Detroit, MI 48202

FACILITATORS: Kofi Robinson, Ph.D., & Richard Gibson, Ed.D.

- Learn and practice effective KUP conversations using Five KUP Conversation Skills.
- Create your own KUP Conversation Action Plan that fits your personal goals – whether it is personal equality or social justice.
- Offered in a supportive, informative, stimulating, and positive environment.
- A **FREE** program -- each participant receives a 25-page Participant's Guide to KUP Conversations.
- Based on proven scientific research and facilitated by mental health professionals.

[Click here to register!](#)

What people are saying about the "KNOW US PROJECT®"

"At the end of the day, what we have is our stories. Our stories unite us, heal us, and touch the common ground of our humanity. The Know Us Project taught me to trust the stories that ask to be shared. I feel eager and prepared to share them with safety, assessing the risk, believing in the reward. Thank you!"

"KUP gave me tools and insights into how to be an effective advocate by telling my story – it has also showed me that I don't need to tell my story to everyone! I will be using this -- maybe even tomorrow."

[Click here to register!](#)

"The Know Us Project is an excellent way for people to share in the power of personal story. For people who feel unsure about talking about their investment in LGBT justice, this training is a slam dunk!"

